



50TH REUNION

Hillcrest 50th Reunion Website: <http://www.hillcrestottawa50th.ca>

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FEBRUARY 2011

Our students leaders for 65-66

By the mid-1960s, Hillcrest was a mere four years old and two more students were added to the rolls of Head Boy and Head Girl—Tim Cavaghan and Sandra Nicholson.

Tim was very active in basketball, football and the Boys' Athletic Association and was the quarterback for the 1966 Boys' Senior Football team. And, he should have been Valedictorian for the 1965-66 year but, as Sandra points out, he was at Royal Roads Military College in Victoria in the fall of 1966.

His life after Hillcrest could be a book or a movie—as he 'returned to nature' with his second wife, Diane—about his adventures as he moved west, first to Winnipeg, Fort Frances and then to the East Kootenays and finally to Victoria.

Sandra, like many graduates, went to Teachers College, 'did' Europe, got married, started teaching as well as raised two boys before becoming a single mom and then remarrying, to an old friend from Elmvale Acres.

Sadly, Sandra was diagnosed with breast cancer in 2000 but thanks to treatment is now



**Head Boy and Head Girl for 1965-66—
Tim Cavaghan and Sandra Nicholson.**

celebrating her tenth year of being cancer-free. And she is active with "The Pink Sensations", a breast cancer support group that uses dragon boat racing to raise funds to help in the research to fight breast cancer.

We look forward to seeing both Tim and Sandra at the reunion in May.

A love of athletics gave direction for Nils and Beth...

It was 1966 at Hillcrest High and Nils Jensen and Beth Soward were fresh-faced Grade 10 students with a love for athletics.

Their lives revolved around the gym and the playing fields. It seemed that every day was endless play especially when the last bell rang just after 3:00 p.m. High school for them was all about a commitment to athletics and helping out in the sports programs.

It was no surprise, therefore, that their commitment led to Nils and Beth being selected to represent Hillcrest at the Ontario Athletic Leadership Camp on Lake Couchiching. While it may not have been evident at the time, their participation in that camp and their involvement in the Hillcrest athletic program, combined with the influence of Mr. Bradley and Mr. Dunlop and the wonderfully dedicated and inspiring teachers and coaches, would act as one large, positive force field to guide Nils and Beth in their lives and careers.

Beth left Hillcrest in 1967 after Grade 12. That year she was honoured as the recipient of the Ruth Coe Memorial Award for being the top female athlete. (Miss Coe was an inspiring Phys. Ed teacher who died on Tuesday, October 12, 1965 as result of a car crash the previous Friday.)

Nils, who graduated in 1968, was awarded the prestigious 'Athletic H' for his commitment to the Boys' Athletic Association, track, basketball, soccer and volleyball.

(Continued on Page 3.)

Beth Soward scores Citizen Trophy win

The senior championship and The Citizen Trophy went to Beth Soward in the Ottawa Gymnastics Club's second annual women's championships at Hillcrest Saturday.

Miss Soward was one of three to win all-round championships during the day. The novice title (under 13) went to Anny Quon and the junior crown to Janice Reif.

Miss Soward's best efforts came on the uneven parallel which she won and free calisthenics in which she placed third.

Miss Quon missed winning only the balance beam competition. Miss Reif gained the free calisthenics and balance beams crown in winning her crown.

Results:

Novice (under 13)
 Free calisthenics—1. Anny Quon; 2. Janice Marjory; 3. Miriam Starr
 Balance beam—1. Janice Marjory; 2. Debbie Shapiro; 3. Cathy Curley
 Parallel bars—1. Anny Quon; 2. Cathy Curley; 3. Nancy Abbott
 Vaulting—1. Anny Quon; 2. Cathy Curley; 3. Miriam Starr

All-round—1. Anny Quon; 2. Cathy Curley; 3. Janice Marjory; 4. Miriam Starr; 5. Debbie Shapiro
 Junior (under 14)

Free calisthenics—1. Janice Reif; 2. Claudia Hunt; 3. Debbie Hart
 Balance beam—1. Janice Reif; 2. Claudia Hunt; 3. Miriam Starr
 Parallel bars—1. Claudia Hunt; 2. Janice Reif; 3. Penny Anderson
 Vaulting—1. Miriam Starr; 2. Claudia Hunt; 3. Janice Reif

All-round—1. Janice Reif; 2. Claudia Hunt; 3. Miriam Starr; 4. Penny Anderson; 5. Debbie Hart
 Novice

Free calisthenics—1. Margaret Knabe; 2. Yvonne Smith; 3. Beth Soward
 Vaulting

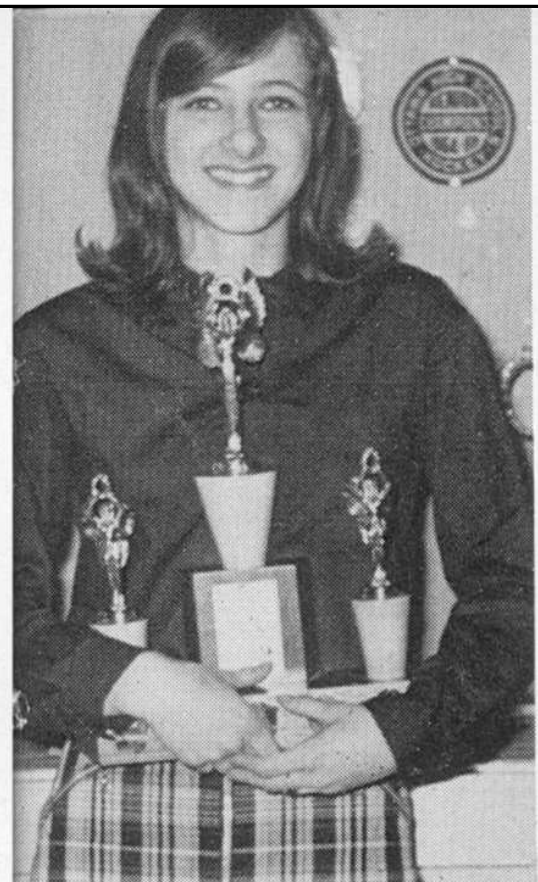
Balance beam—1. Dawn Nelson; 2. Carol Nash; 3. Margaret Knabe
 Free vault

Parallel bars—1. Beth Soward; 2. Norma MacPhee; 3. Margaret Knabe
 Vaulting

Vaulting—1. Norma MacPhee; 2. Beth Soward; 3. Shirley MacPhee
 All-round—1. Beth Soward; 2. Margaret Knabe; 3. Yvonne Smith; 4. Carol Nash; 5. Norma MacPhee

Three teams win trips

DEEP RIVER (Sno-ball) — Deep River bantams and midgets and Chalk River midgets and bantams won trophies in most



Ottawa's Best Gymnast
 Beth Soward

...who meet again 43 years later!

(Continued from Page 2.)

Fast forward to Victoria, B.C., December 15, 2010. It has been 43 years since Nils and Beth last saw each other in Grade 12 at Hillcrest. They are now in their early 60's, married with children, both living in Victoria and having coffee together catching up on the more than four decades that have passed since their days at Hillcrest.

"Beth...you look just the same as you did in Grade 12," said Nils. And Beth would have known Nils anywhere.

Nils' career has certainly been steeped in leadership. He is a municipal councillor in tiny Oak Bay, where they both reside and he is a British Columbia Crown Prosecutor. In addition, his career has involved an engineering degree, a graduate degree, a teaching career and the occasional stab at provincial politics.

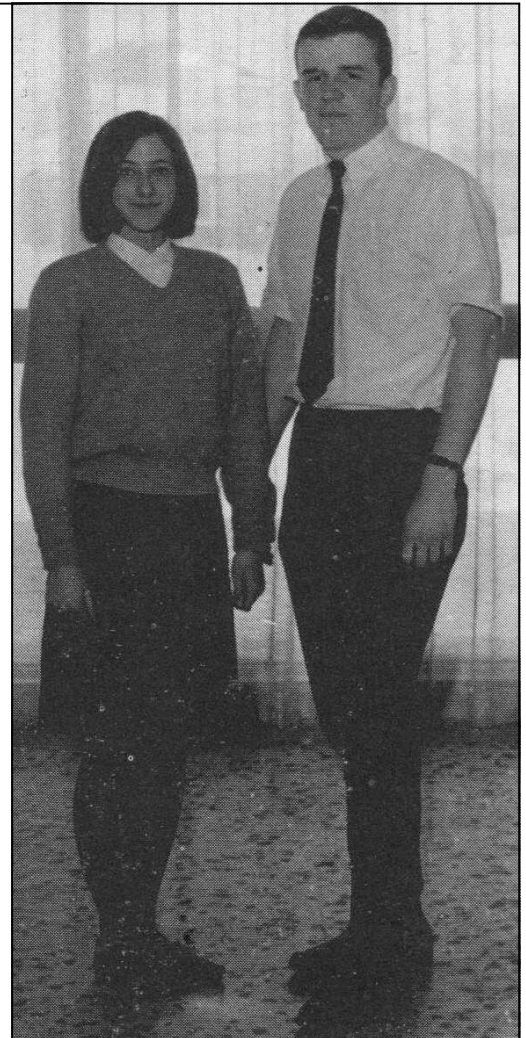
Beth's passion for athletics led her to a B.Ed (UVic) in Physical Education, an M.Ed in Curriculum and a 35-year teaching and counselling career. Her Hillcrest gymnastics experience with Brenda Bolton (her mentor) led her to establish a school gymnastics league in Victoria and to write a book on women's gymnastics for high school coaches.

She married her high school sweetheart, Danny Danskin, and celebrated their 40th Wedding Anniversary this year.

Now retired, she is selling desks and chairs to schools and universities.



Junior basketball's Nils Jensen



Beth and Nils—1966

Having caught up on career and family matters, their conversation turned to reminiscing about the 'good ol' days'. Between the two of them they managed to piece together a considerable history of the people they knew and loved.

"Oh, I remember her," said Nils. "I had such a crush on her!" (He added that many times!) They talked about all the things that made Hillcrest such a special place, a place where students had the freedom to explore, learn and grow.

The two both agreed that there were incredible opportunities, for sports, culture and fun. The appreciation they feel for the positive and rich environment at Hillcrest, which formed the foundation of their lives, is something that has never left them: Camp Couchiching, the Pigskin Parades, basketball games in the gym, team trips, intramurals, football games, team members, teachers, dances, Winter Carnival, the Musicals, yearbooks...the ups and downs as adolescents.

"Oh, what a wonderful life it was at Hillcrest!" they sighed.

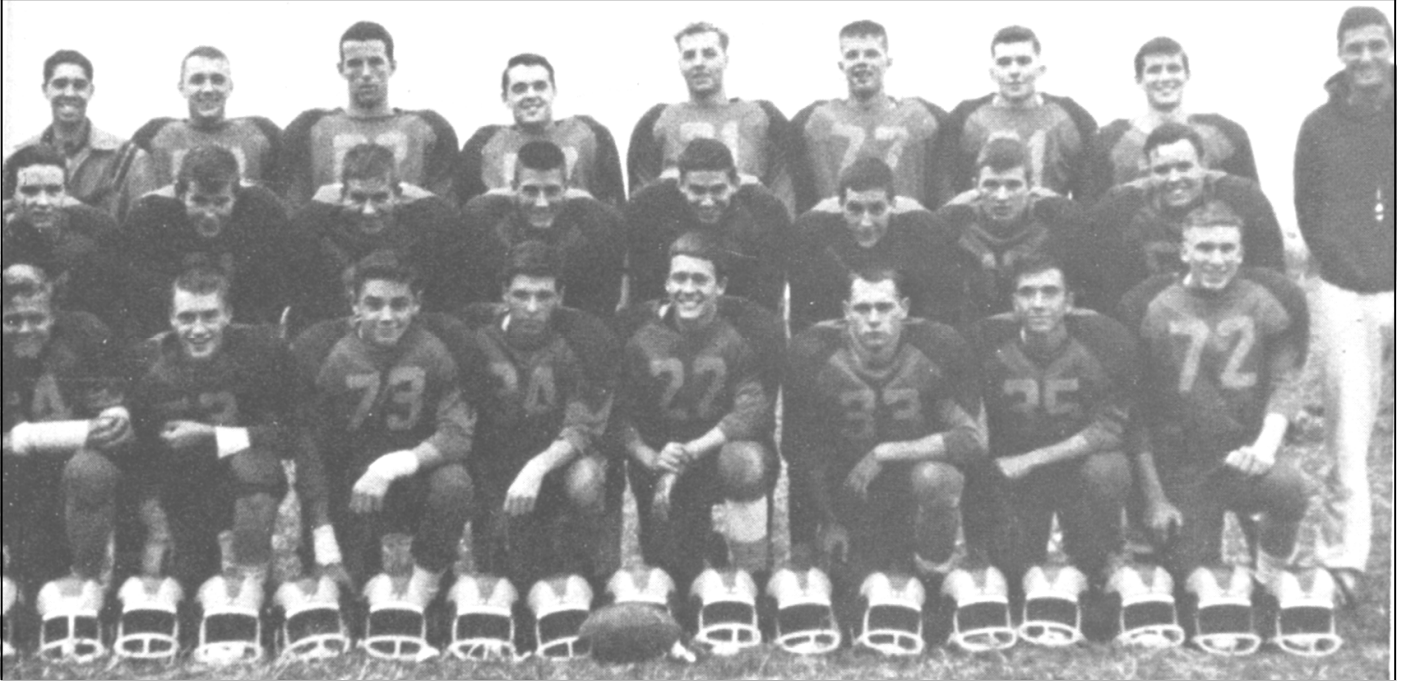
Taking a look back at Hillcrest's 'Queens' and 'Quarterbacks' of the 60s

While respected students were elected to represent the student body in the roles of Head Boy and Head Girl, others gained recognition for their contribution to the school in a number of ways. These included events intended to elevate school spirit like Valentine dances and Winter or Snow Carnivals, with such roles as *'Queen of Hearts'* or *'Snow Queen'*, reflecting students' appreciation of the many attributes of some of their classmates. And, although football players were looked up to and, in many cases, were popular, too, the ones who got to be quarterbacks were selected by the coaches for their skills and talent, whether it was for the Junior, Bantam, Intermediate or Senior team.

In this edition, we take a look at Hillcrest's *'Queens and Quarterbacks'* throughout the 1960s; however, finding records of queens and quarterbacks during the school's first two years proved to be a challenge. So we begin our special feature with the 1963 *'Queen of Hearts'* - Elaine Barr, who was crowned at the *'Valentine Rendezvous'*, and her two princesses, Bernice 'Bunny' Barker (Craig) and Carole Anne Dupuis (Huband), as seen below. They have provided us with recent photos (inserts) that allow us to see the three of them some 48 years later. Interestingly enough, like many of our former classmates, all three ended up in the education field. We look forward to seeing the three of them and all the other *'Queens' and 'Quarterbacks'* at the reunion in mid-May and hope you enjoy this review as we look back at the 1960s.



QUEENS AND QUARTERBACKS—1964



The 1964 Boys' Senior Football Team—Back row: Dennis O'Neil, Andy Graham, Pete Waddell, Don Gunn, Mike Herbert, Tom Shultz (QB), Pete Walsh, Tom Haney and Gerry Manale (Coach); Middle row: Gary Sirios, Rod Pile, W. Clair, Vic Hurlow, Gary Wellstead, Mike Jarvis, Murray Kuntz (QB) and Mike Lemothe; Front row: Don Bellefeuille, Don Longchamps, Doug Archer, Dave Young, Dan Birtwistle, Ted Millar, Gary Sims and Ron Clynick.

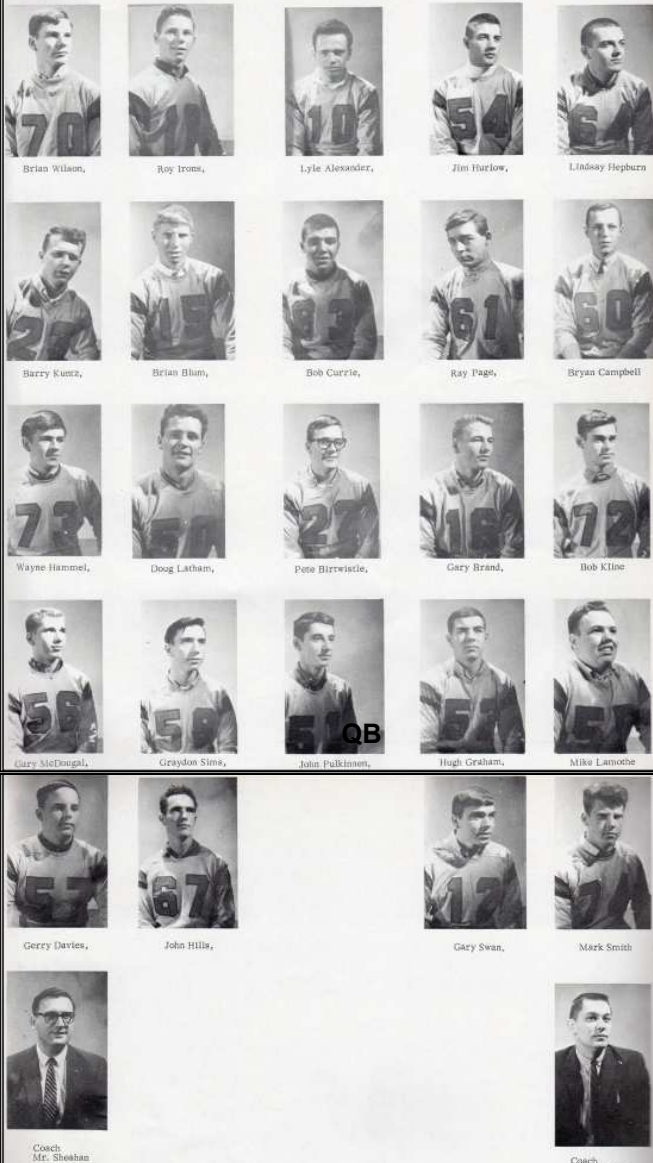


The 1964 Boys' Intermediate Football Team—Back row: Howie Gay, Sean Sauve, Wayne Harley, Jim Chambers, Bob Currie, Dave Drummond, Kal Toth (QB), Keith Phiney, Tom 'Red' Scharfe and Lindsay Hepburn; Middle row: Don Hartman (Manager), Al Harvey, Dave Miller, Dan Thrift, Peter Henry, Bill Hunt, Dave Reid, Fred Tomlinson, Hugh Graham, Ron Austin; Front row: Bill Barber, Lloyd Rossman, Peter Johnson, Rick Millar, Bruce McNaught, Jim Muir, Ed Kollesh, Brian Bloom, Bill Leonard and Steve Skinner.
1963/64's Carnival Queen was Jane Lipton (centre in photo at right) flanked by her two Carnival Princesses—Sandy Fields (left) and Sharon Tichcellar (right).



QUEENS AND QUARTERBACKS—1965

Senior Football Team



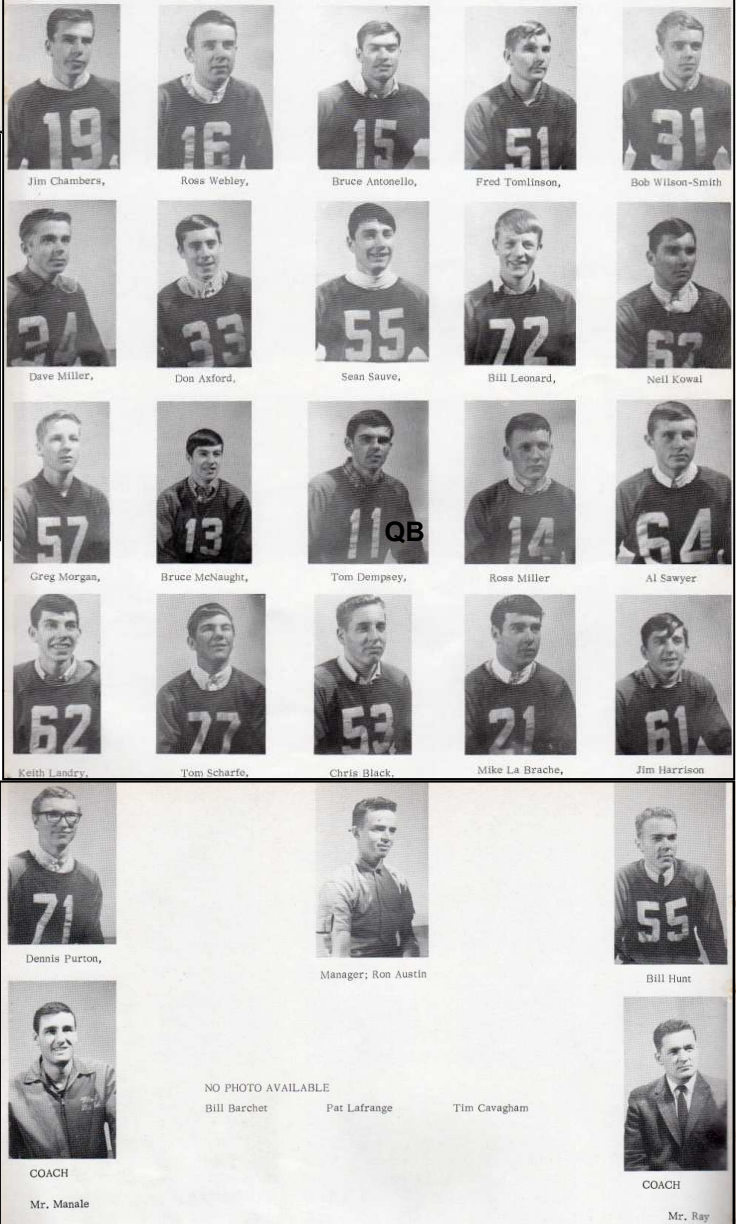
Brian Wilson, Roy Irons, Lyle Alexander, Jim Harlow, Lindsay Hepburn
 Barry Kunz, Brian Blum, Bob Currie, Ray Page, Bryan Campbell
 Wayne Hammel, Doog Lathan, Pete Birrwistle, Gary Brand, Bob Kline
 Gary McDougall, Graydon Sims, John Pulkinen, Hugh Graham, Mike Lamothe
 Gerry Davies, John Hills, Gary Swan, Mark Smith
 Coach Mr. Sheehan, Coach Mr. Manale



The Snow Queen for 1965 was Shannon Dewar (at right in photo above and insert), who reacts with surprise as Princesses Barb Beattie (centre) and Candy Bridgman (left) show their joy.

JUNIORS-64

JUNIOR CHAMPS



Jim Chambers, Ross Webley, Bruce Antonello, Fred Tomlinson, Bob Wilson-Smith
 Dave Miller, Don Axford, Sean Sauve, Bill Leonard, Neil Kowal
 Greg Morgan, Bruce McNaught, Tom Dempsey, Ross Miller, Al Sawyer
 Keith Landry, Tom Scharfe, Chris Black, Mike La Brache, Jim Harrison
 Dennis Purton, Manager: Ron Austin, Bill Hunt
 NO PHOTO AVAILABLE: Bill Barchet, Pat Lafrange, Tim Cavagham
 COACH Mr. Manale, COACH Mr. Ray

The Championship Junior Football team this year was the most interesting, exciting, and, at times, the most exasperating – and most satisfying team—according to Coach Gerry Manale, who watched young boys become men. He believed right from the outset that the team had the potential and desire needed to win the first Football Championship for Hillcrest – once they were convinced of their own abilities and had the confidence to take them to victory over Rideau in the last game of the regular season.

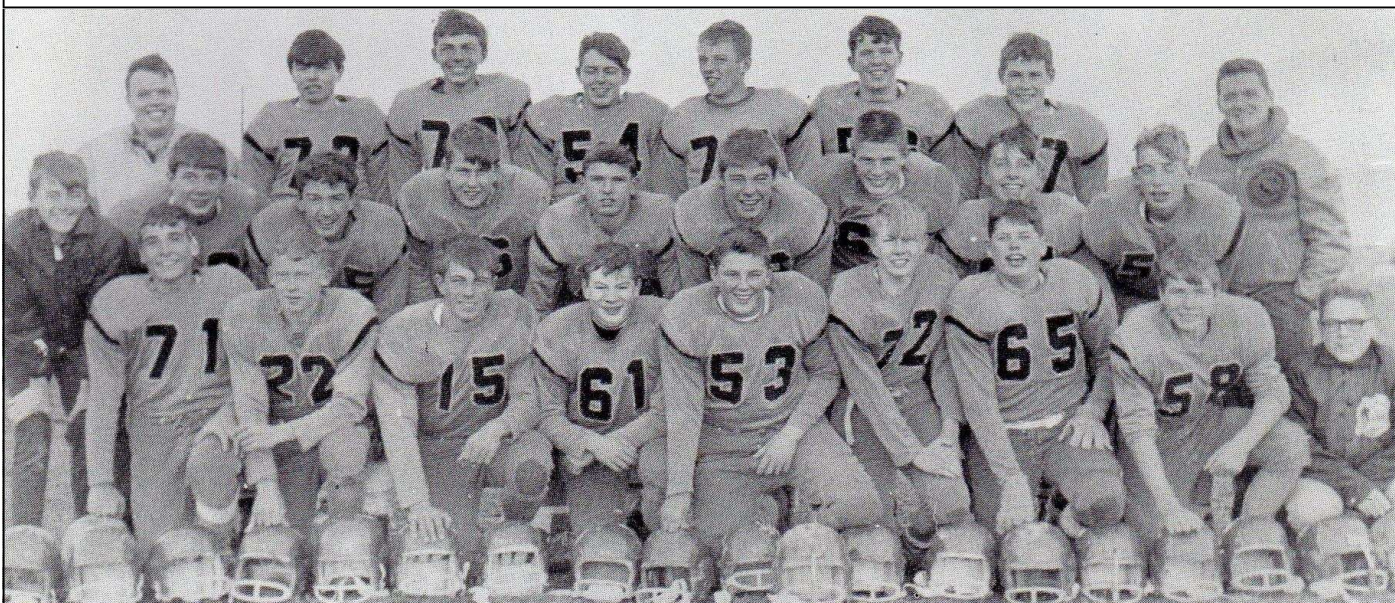
Meanwhile, Grade 11 student Mona Moffatt (16) of Navan, (photo at right) was crowned Navan's Winter Carnival Queen for this year.



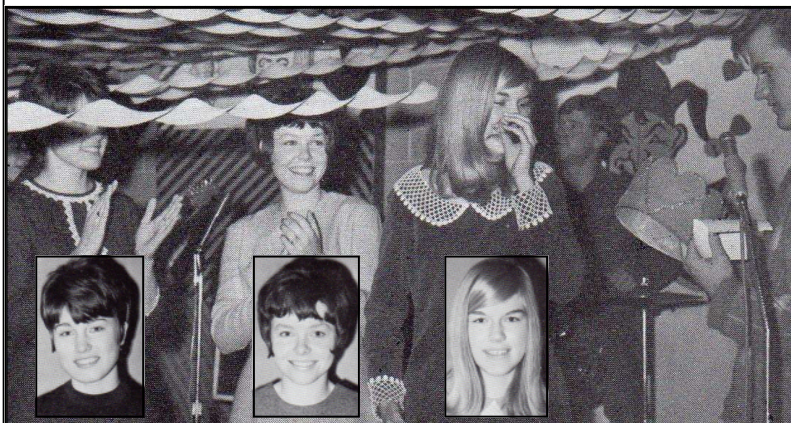
QUEENS AND QUARTERBACKS—1966



The 1966 Boys' Senior Football Team—Back row: Greg Morgan, Jim Harrison, John Cockrell, Rich Trasher, Dale Craig, Rob Scantland, John Freeman, Bill Hunt and Gerry Manale (Coach); Middle row: Mr. McAskin (Coach), Bill Leonard, Chris Black, Don Oxford, Bruce Wright, Noel Casey, John Watson, Spike Braham, Bill Barchet, Roy Green and Bill Lamere; Front row: Jim Axford, Dave Miller, Fred Tomlinson, Alex Sawyer, Tim Cavaghan (QB), Ross Miller, Brian Latham, Bruce Antonello, Bruce McNaught and Bill Sturgeon.



The 1966 Boys' Bantam Football Team—Back row: Mike Lamothe (Assistant Coach), Brian O'Callahan, Bill Bunting, Peter Iswolsky, Gord McIlvenny, Mike Wright, Ron Patterson and T.L. Ray (Coach); Middle row: John Stevenson (Trainer), Chris Spence, Bob Ferguson, Tom 'Red' Scharfe, John Baker, Don Roberts, Kirk Armstrong, Gord Mott and Tom New; Front row: Mike Roderique, Alan MacDonald, Phil Lockett, Dale Merritt, Bill Beaton, Gary Salter, Tom Meagher, Jim Blackler and John Kerr (Trainer).



HILLCREST'S SNOW QUEEN & HER PRINCESSES—1966

Hillcrest's Snow Queen for 1966 was Lynn Austin, seen holding her hand to her mouth, as she reacts to the announcement that she had been chosen as the school's third 'Snow Queen'. Princesses Carol White (at left, partially hidden) and Sharon Laughlin (centre) look on and applaud.

QUEENS AND QUARTERBACKS—1967



The 1967 Boys' Senior Football Team—Back row: Mr. McAskin, Greg Morgan, Jim Chambers, John Rodrique, Dennis Purton, Merv Skyes, Dave Short, Graham Stokes, Dave Methereal, Chris Black, Brian Edwards and Mr. Sheehan; Middle row: John Freeman, Mike Johnston, Klaus Shoenberger, Jim Harrison, Spike Braham, Dale Potter, Ross Miller, Keith Landry and Edgar Simpson; Front row: Jim Percy, Don Axford, Steve Skinner, Doug Smith, Oogie Bannerman, White Axford, Bruce Antonello, John Pulkinnen (QB), John Bothwell and Billy Lemaire.

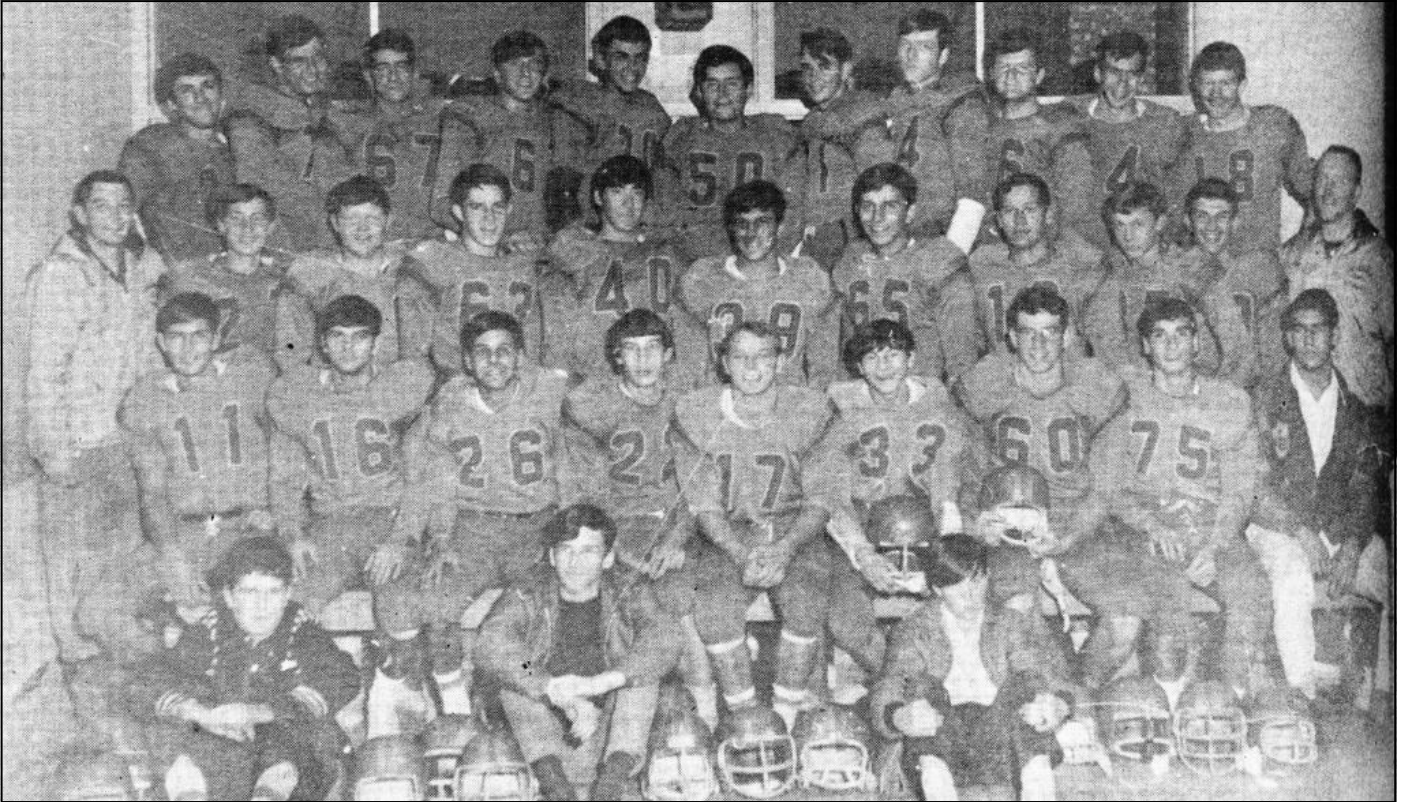
(Editor's note:- If any 1966-67 students or graduates know who other quarterbacks were for both the Bantam and Senior Boys Football Teams were, we'd be grateful to be told.)

The 1966-67 Carnival Queen was Anne White (in the light dress holding a bouquet in the photo at right) and her princess, Jeanette Riggs (at left).



Hillcrest's champion Boys' Bantam Football Team for 1967—Back row: Gord McIlvenny, Peter Iswolsky, (Unknown), Ron Patterson, Mike Wright, Bill Bunting, Gord Mott, Norm Switzer, Mr. Houston and Assistant Coach Ray; Middle row: Mr. Baker, Bill Hook, Bob Ferguson, (Unknown), Rod Scharfe, Lyle Godfrey, (Unknown), Ken Armstrong, Don Roberts and Michael Charlebois; Front row: Tom O'Hagan, Peter Lockett, Alan MacDonald, Greg Green, Jim Blackler, Howard Goldfarb, Dan Merritt, Mike Rodrique and Tom New.

QUEENS AND QUARTERBACKS—1968

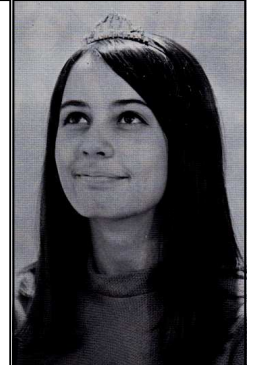


The 1968 Boys' Senior Football Team—Back row: R. Green, Mike Wright, M. Lepage, Jim Harrison, Bill Bunting, Mark Deslauriers, Bruce Harris, Greg Morgan, Brian Dickson, Jim Chambers and Bill Leonard; Middle row: Mr. McAskin, Graeme Green, Wayne Granger, Kirk Armstrong, Dale Potter, Peter Lockett, Gord Mott, Mike Warren, Alan MacDonald, Jim Ferguson and Mr. Austin; Front row: Rod Scharf, Bill Lemaire, Howard Goldfarb, Greg Green, Bill Larocque, Dale Merritt, Graham Stokes, Mike Rodrigue and Bill Barchett. In front: J. Berry, T. Higgins and (Unknown).

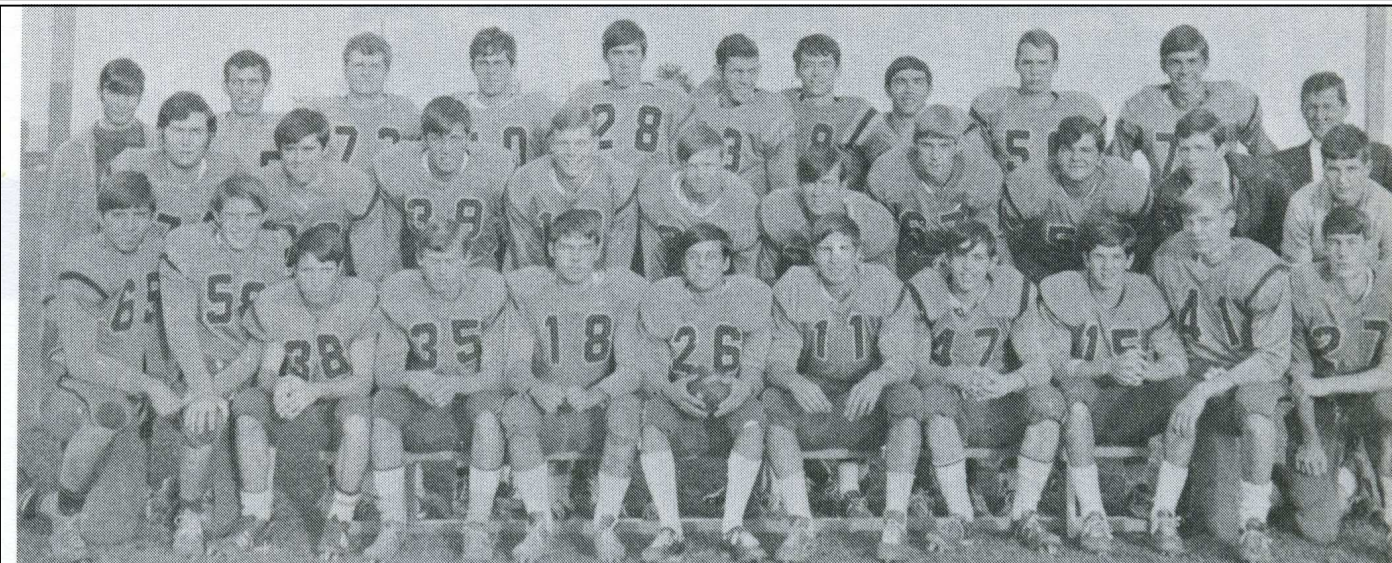


The 1968 Boys' Junior Football Team—Back row: Mr. Baker, Mike Mosley, Ken Merkley, Brian McSheffrey, Glen McCormick, Bruce Weiner, Sheldon Ridgeway, Scott Reid, Jim Pridham and Jim Avant; Middle row: Bruce Tilden, Lawrence Weinstein, Dave Beattie, Don Killens, Raymond Taylor, Tim Cove, Greg Larose, Brian Kerr, Carmen Mondallo, Brian Barr and Ian Press (QB); Front row: Lincoln Bailey, Kevin Wilson, Andy Petrie, Gerry Meaghan, Serge Longpre, James Lovie, Herman Baptiste, Jack Johnson, Glen Meecham and T. Robinson.

The 1968 Carnival Queen was Gail Veillette (O'Brien), who went on to become a teacher. She was selected by a panel of teachers and it is not known if there were any princess selected that year.



QUEENS AND QUARTERBACKS—1969



The 1969 Boy's Senior Football Team—Back row: Don Hyde, K. Landry, Brian Dickman, Peter Iswolsky, Dale Potter, Jim Davidson, Lee Mosley, Mike Monaghan, Bruce Harris, Bill Bunting and Mr. Ray (Coach); Middle row: Mark Deslauriers, Jim Harder, Peter Lockett, Tim Cove, Brian Corrigan, Raymond Taylor, Jim Pridham, Phil Hartle, Peter Berry and Allen Thaw; Front row: Gord Mott, Kirk Armstrong, Terry Hay, Alan MacDonald, Don Roberts, Howard Goldfarb, Rod Scharfe, Anno Eblie, Mike Charlebois, Brian Hook and Graeme Green. (Quarterback not known.)



The 1969 Boys' Junior Football Team—Back row: Mr. Pollock, D. LaFramboise, Bruce Tilden, Glen Meecham, Duncan Jamieson, Don Peters, Paul Hebert, Scott Reid, Daniel O'Connell, Ken Clutter and Robert Ferguson; Middle row: Mr. Baker, Jamie Wood, Dan Lucien, Don Killens, Richard Makuch, Ken MacDonald, Dave Beattie, Ken McKinnon, Carmen Mondello, B. Cosmos and Mr. Thompson; Front row: Robert Love, Michael Ferguson, David LaPorte, Lawrence Weinstein, Ian Press (QB), Brian Barr, Lincoln Bailey and Daniel Munroe. Hillcrest's 1969 Queen was Janis Panabaker, (at right in photo) receiving her bouquet while her (unknown) princess (at left) accepts hers.



Hillcrest Head Boy — 1965-66

TIM CAVAGHAN



Tim Cavaghan—1966

We moved to 808 Cork Street in Elmvale Acres in 1960 when my Dad returned from Vietnam.

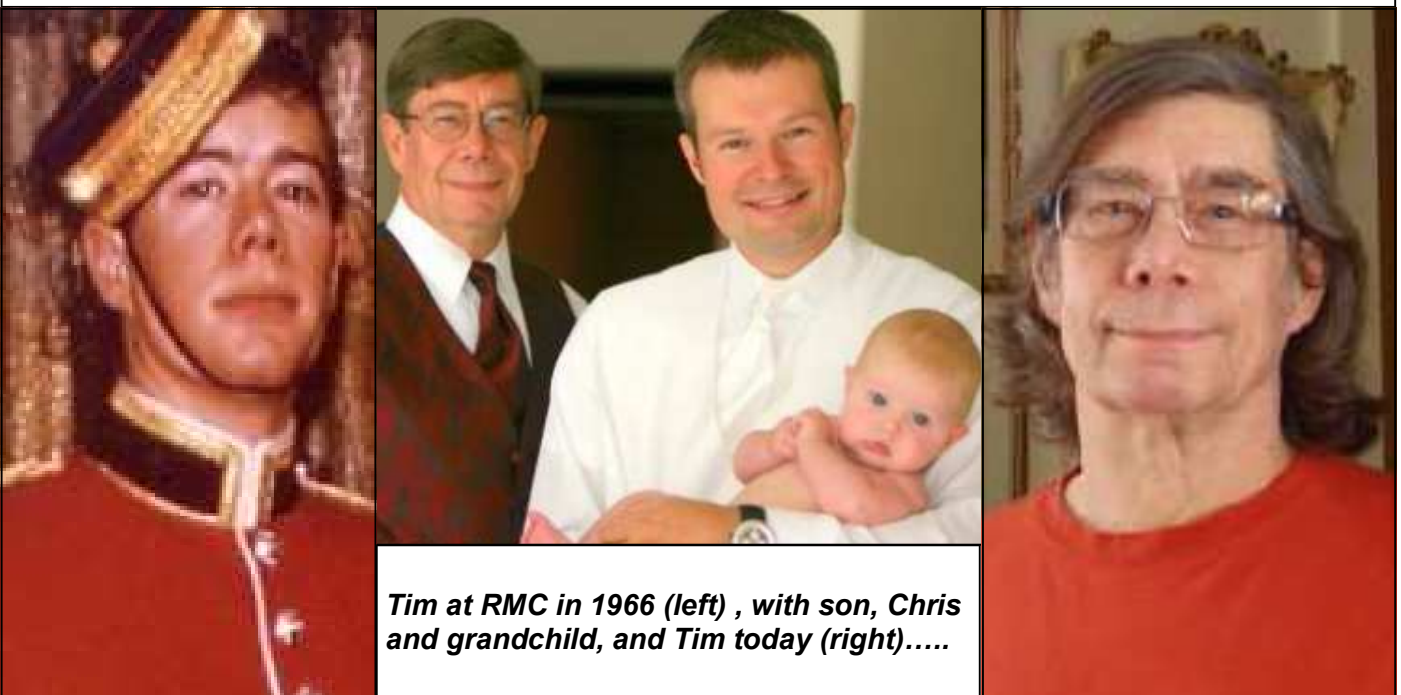
After a year with Mr. McFarlane at Vincent Massey, I started at Hillcrest on opening day September 1961 and was the fifth head boy in 1965-66.

I joined the Army and went to RRMCM in September '66 - that's Royal Roads Military College on Vancouver Island. In those days, you could do two years at 'Roads' and then the final two at RMC, or else four at RMC, all at Her Majesty's Pleasure, of course.

By January 1968, I was medically discharged and sent packing on two very bad knees - one from Hillcrest football (the school's first two City Championships) and the other 'on duty'.

My father had retired and moved to St Lucia, Wisconsin, while I was at RMC and so I was on my own finally and ready to go astray. Which I did. Attended Carleton, U. of Manitoba and U. of Winnipeg, thereafter. No degree but not a bad education either and that was my conscious choice. Gravitated from Ottawa to Winnipeg to Fort Frances to BC's West Kootenays, then Vancouver Island.

Managed a 'Student Housing Co-op' in Winnipeg in '69 and '70 - a small time Rochdale - room for 100 and it was quite bizarre. Lots of outdoor rock shows in those days. Well, I'm pretty sure...
(Continued on Page 13.)



Tim at RMC in 1966 (left) , with son, Chris and grandchild, and Tim today (right).....

Hillcrest Head Boy — Tim Cavaghan



Easily recognized in his striped cardigan, Tim Cavaghan, above, was a member of the Junior Basketball team in 1965-66 along with: (Front row) Jerry Hurlow, Tom Dempsey, Tim, Tom Dempsey, Lloyd Rossman and Nils Jenson (featured in the January Edition); (Back row) Tom Daly, Dave Simpson, Dennis Purton, Dave Medhurst, Allen Olsen, Truman Tuck, Coach McAskin.



The 1965-66 Boys' Athletic Association: (Front row) Gerry Davies, Steve Cote, Ron Austin, Lloyd Rossman, Gary Sirois; (Back row) Graydon Sims, Jim Lamb, Dave Simpson, Robert Currie, Tim Cavaghan and Stan Skinner

Hillcrest Head Boy — Tim Cavaghan

(Continued from Page 11.)

Somehow I became an accountant/businessman and had Travel Agencies in Fort Frances, Ontario and International Falls, Minnesota, then it was Heavy Equipment/Roadbuilding in the BC Interior. In 1990, we moved to the Island and I retired as GM-Partner of Victoria's Mercedes Benz dealership.

Split from first wife in Ontario in '74, left in early '75 but fortunately maintained custody of my son. My second wife and I will have 36 years in as of this coming February (giving my head a shake). Two more kids. We are Tim and Diane, Chris (36), Amy (32) and Rob (28), and Chris' daughter Samantha (4), with various spouses, all in Victoria.

I was involved in Minor Hockey for years - Level IV Coach, Level II Ref - coached from Novice to Midget AAA as well as reffing hundreds of games. (I'm a bear for punishment). I normally refer to all this as 'The Minor Hockey Wars'. For years, the doctors said 'Do not do this any more.' but I did. Overall, fifteen surgeries, nine on the knees, including, *finally*, two total knee replacements. These days, for good reason, it's mostly Wii Sports or Wii Fitness or my inflatable canoe/kayak. Maybe we should have a Wii Sports tournament. Cheers to all.

P.S. I wonder where everybody is? - In 65-66, the enrolment was over 1900, tops in Ottawa.



Can you spot a young Tim Cavaghan in 11B in 1964. Strong hint.... he wears glasses! Among his classmates—whom we hope to see at the reunion are: Brian Hamilton, Francis Gale, Barbara French, Lloyd Rossman, Carole Dupuis, Bruce Campbell, Judy Neales, Richard Jackman, Ann Bergeron, Peter Loyer, Jennifer Humphrey, Dave Pound, Heather Dohm, Greg Connolly, Maija Pauksens, Geoff Blake, Bob Ellis, Bill Trift, Mike Goble, Dale Craig, Fred Tomlinson, Ian Moar, Tim Hunt and Phil Davy.

So, students of 11B, wherever you may be, we're sure that Tim would love to see you at the reunion in May 2011 as he is wondering where everyone is.

And, we'd love to hear from you, too!

Tim's comments on life since Hillcrest



Top Left - on or about my thirtieth birthday, January 1978. That was the end of our first year in an un-serviced 1930's Doukhobour log house on 80 acres on a mountaintop outside Castlegar, BC. It was unliveable when we took possession in the middle of winter but we didn't have any choice. Booted out the critters and cleaned up the humungous mess they and the earlier sub-humans had left behind and then sealed 'er up. In the summer, we could four-wheel it to the house - in the winter, it was backpacks and sleds with young Chris strapped aboard. No power, running water, telephones - nothing - I would head out in the dark on winter mornings, drive to a little office in Castlegar where I had a public accounting practice, take a bath in the washroom sink, get on a suit and tie, and be a professional. Not many knew. At 5 o'clock, it was back to the 'mountain man' routine and hike up the hills in the dark with cougar eyes shining at me in the flashlight beam. I must have been insane. Lost my first of two dogs to cougars at this place. Had to shoot a bear trying to come in the window at 2:00am one morning. Oh yeah, those were the days.

Top Middle - May 1975 - Diane and I had been in BC for about a month when we went tree planting with a bunch of long-hairs. I'd sold a business in Northern Ontario before we left so we were kind of flush at the time and financed these hippies (I guess we were, too.) when they were going to lose their contract because of 'No Funds'. So we went, too. Lived for weeks in a pup tent. Hard work. Disgusting food. Lost much weight. Man, those were days!

Top Right - January 1970 - I was GM of a 'Student Co-op Housing' project in Winnipeg from '68-'70 and that's my office. Had been medically discharged from Military College and briefly attended and dropped out of Carleton, U of M, and U of Winnipeg. The Co-op was the old Grace Hospital Nurses Residence on Evanson Street and had 92 rooms. Students, hippies, artists, political extremists, draft dodgers, Czech refugees, the odd really creepy person, and even a very close acquaintance who killed a Winnipeg Police officer that year. When it came time to impose rules through a physical dimension he and I and another fellow would make the walk. Far out man, those were the days.

Bottom Left - Diane and I at Lake Louise - March 28, 1975. We had left everything behind in Fort Frances and had only what fit in the trunk of the car. Travelling light! One of life's best feelings. Really.

Bottom Right - At our eldest son's wedding - July 2006.

The Cavaghan—Nicholson Year of Head Boy and Head Girl



Tim and Sandra pose for another photo for The Ottawa Citizen and one with everyone's favourite principal, Bueth L. Bradley as the fall term comes to a close in 1965. Below, Sandra delivers her head girl candidate speech in the auditorium as (right to left) Tim Cavaghan, Duncan Milne, Sue Beattie and two other head girl candidates look on.



Hillcrest Head Girl — 1965-66

SANDRA NICHOLSON



Sandra Nicholson—1966

As I finally sit, this Thanksgiving Monday, 2010, to pen “Where Have I Been?”, my thoughts travel back Thanksgiving Weekend of 1966.

The Friday evening was graduation for the first class and I was delivering the Valedictorian speech (Tim’s turn, but he wasn’t coming home). Standing before you I could see our proud parents, teachers and, of course, all of you so eager to move ahead and make your way in the world.

Graduating from Ottawa Teacher’s College, I started working for the Ottawa Board of Education. The following summer, Pat Dolan Webster (Hillcrest Grad) and Jennifer Niblett Gunn (wife of Don Gunn, Hillcrest Grad and Head Boy, 1964-65) headed to Europe travelling the UK and the continent. We did it without cell phones, internet, Facebook, for if you wanted to contact home, you wrote, wired or lined up a post office to secure your phone.

Returning home, I became engaged and married the next summer.

We moved to Pembroke where I was hired by the Renfrew County Board of Education and sent to a school named Hillcrest. The next six years were busy working, taking night school courses, travelling many times to Florida and again back to England, France and Wales where we visited with

Marilyn Reid Middleton (Hillcrest Grad and Head Girl, 1963-64) and her husband Tony.

In the spring of 1975, I graduated from Ottawa University and later that year had my first son, Jeffrey. Steven joined the family two years later. Life was busy working full time, raising children and enjoying many family activities and trips.

Thirteen years later, I became a single mom. While on my own, I had an unexpected visit to my portable from an old “Acres” friend, Garry Moore (brother David, Hillcrest Grad).

A few years later, my sons and I moved to Oshawa and was hired by the Durham District Board of Education. My parents decided to move to Whitby and join us and eventually Garry and I married.

In August 2000, I was diagnosed with breast cancer and started the scariest time of my life undergoing surgery, chemo and radiation. This past September I celebrated my tenth anniversary of being cancer-free. How fortunate I have been!!!!

After a few months of retirement, I started to get bored and ended up working the past seven years on a half-time basis. I joined a survivors’ Dragon Boat Team, “*The Pink Sensations*”. Garry and I have been fortunate to travel to a number of places during our years together including Australia and Hawaii.

My mother is turning 90 next year and still lives on her own close to me. Our children and grandchildren are within a ten-minute drive and we are often called upon to babysit.

Summers are spent paddling and golfing and winters find us hibernating and heading south.

I am so looking forward to attending the reunion and seeing everyone again. I will bring my yearbooks so I can figure out who is who---not that I have changed at all and I know you haven’t---but they might be needed to jog this memory of mine.

Hillcrest Head Girl — Sandra Nicholson

The 1964-65 Curling Club became very popular during the 64-65 year as membership doubled and both the boys' and girls' teams played well at the Schoolboy Bonspiel, neither team attained victory. At right, back row: Roy Shaver and Steve Skinner; front row: Sandra Kearns, Sandra Nicholson and Susan Munson.

Sandra was also a member of school's Board of Control - which met often during the school year to discuss matters of importance to the student body and to prepare agendas for Students' Council meetings. Featured in the photo below are: back row—Fred Jackson, John Barter, Sandra, Bob McGath and Allen Harvey; front row—Vic Peterson, Elaine Barr, Don Gunn, Donna Mundy and Angela Smilie.



Sandra's Valedictory Address — 1966



As Valedictorian, I am given the privilege of delivering the farewell address from the graduating class to the school. It is now our turn to do the talking and the school's turn to listen.

First of all, we would like to thank Mr. Bradley for making our stay at Hillcrest both a time of learning and a time for enjoyment.

You, Mr. Bradley, have been our guide in making this school upon the hill, one of which we are very proud. We will remember you as our friend and we hope that you will remember us as being among the top people in your 99.9% club.

We would like to thank our teachers. Without your direction and patient understanding, many of us would not be here tonight. Each of you has shared with us some of your knowledge. We would like you to know that we appreciate your efforts and we hope to justify it.

We would like to thank our parents. Our deep feeling of gratitude and affection for you has reached its height tonight. For it has been your encouragement, gentle and otherwise, that has propelled us onward. Tonight is your night as well as ours.

We would also like to say thanks to our friends for the fond memories they have given us during our stay at Hillcrest, and we would especially like to say one loud "THANK GOODNESS" as we now have received our diplomas.

Tonight marks for us, a giant step forward. We can clearly see before us our reward. With one hesitant look behind, we say farewell to the past and hello to the future.

SANDRA NICHOLSON
(October 14, 1966)



Head Girl Sandra Nicholson laying a Remembrance Day wreath on November 11, 1965.

Sandra and The Pink Sensations



Sandra—on The Pink Sensations:

“This is the team picture we had taken this year in Peterborough, where the International Dragon Boat Regatta was held. There were over 60 teams from all Canada , North America, Australia , New Zealand, England and Italy.

“It is a regatta of hope and strength and the idea is participation. In Dragon Boating, you are always first in your lane. No prizes were given out for winners; however, we did place third in this competition and were very proud of ourselves. Hamilton and London were first and second. When we went to the same regatta in 2007, the Australian teams placed at the top. We have come a long way since then.

“This year we managed to beat the Hamilton Team. Boy, was that a high as they have been the top team for years. Here I am drinking out of a cup we where we won another regatta. (at right)

“I am the third from left, front row, pink crocs and poff in my hair.” (photo at top)



THOSE WHO HAVE LEFT US



JAMES JOHN GILLESPIE

Mr. James Gillespie, one of Hillcrest's teachers from 1965 to 1967, (left) was a member of the English Department during his first year and then became a member of the History and Geography Department through until 1967. During his period with the English Department, he was a colleague of Gerry Meagher, whose obituary is featured on the opposite page. He was a staff advisor to the 1967 Boys' Soccer Team and coached the 1965 Public Speaking and Debating Club. Mr. Gillespie's photograph (at right) was provided by his family and was included in his obituary in The Ottawa Citizen on Friday, January 14.



James Gillespie—1967

James Gillespie—2010

RAF/RCAF Veteran - WWII and retired principal - Highland Park and Fisher Park High Schools.

After a long, full life, peacefully in Ottawa on January 12, 2011, James "Jim" John in his 90th year. Jim joins his parents, James and Isabel, his siblings, Robert, Isabel and Josephine and grandson, Gavin. Predeceased by his beloved wife and dance partner of 65 years, June, Jim leaves behind his sister-in-law, Lois Steen (of Toronto), cousin Ann Boyle (of Glasgow), his children: Ron, Clare (Ian MacLeod), Brenda (Tom Mulvihill), James (Lee), Anne (Ken Kingsbury), his niece, Monica Kryska, and nephews, Brian and Kevin Whalley. His 15 grandchildren, Ian, Leslie, Brendan, Bryan, Catherine, Clark, Graham, Niall, Caleb, Ella, Fen, Ida, Matthias, Amos and Jonathan and three great-grandchildren, Amanda, Honoura and Seth will miss his sense of humour and sincere interest in their lives.

As a teacher at the University of Ottawa High School and with the Ottawa Board of Education, Jim touched the lives of thousands of students and colleagues.

In the early 1960s, his passion for education took the Gillespie family to Kenya for two years, impacting them forever. Subsequently, he was to return to Africa several times as a teacher with the Canadian Teachers Federation, CUSO and WUSC.

Jim's belief in a balanced life was evident in his other passions, first and foremost his deep faith, followed by his love of sports, travel, dancing, arts and culture. As a couple, Jim and June cherished and maintained a vast and extensive network of friends, young and old from all parts of the world.

A sincere thanks to the staff at Ottawa Hospital, General Campus, Lord Lansdowne Retirement Residence, The Hospice at Maycourt and Physicians David and Michael Malek. Friends may pay respects at Kelly Funeral Home, 1255 Walkley Road (east of Bank) Saturday from 2 to 5 and 7 to 9 p.m. and Sunday from 2 to 5 p.m. Funeral Monday to Immaculate Heart of Mary Church, 1758 Alta Vista Drive, for Mass of Christian Funeral at 10 a.m. Interment Beechwood Cemetery. Donations can be made to The Hospice at Maycourt or a charity of your choice.

During the 80's, Jim Gillespie blessed our high school with his humour, his sense of fairness and became a remarkable landmark by which many of us guided ourselves. He was above all the kindest man i knew and feel we were privileged to have him as our principal and mentor. I know that thousands of students join you in prayer and offer you our deepest condolences.

**Louise Mercier (Francoeur),
Ottawa, Ontario**

THOSE WHO HAVE LEFT US

MEAGHER, Francis Gerald "Gerry"



With great love and sadness the family of Gerry Meagher announces his sudden passing on Tuesday, January 11, 2011 in Ottawa at the age of 72. Beloved husband of Wanda Lehman. Son of Thomas Clifford

Meagher and Mary Margaret Fraser. Cherished father of Shane (Christina) and Lee Ann. He will also be dearly remembered by their mother Dianne Laham. Loving step-father of Glenn Scott (Victoria). Grandfather to Evan and Connor. Step-grandfather to William. Brother of Cliff, Beverley Clifton, Phyllis Belair, Barbara Ann Maxwell and Diane Stonehouse. Predeceased by his sister Margaret Childs and brother Donnie. He will also be missed by many brothers-in-law, sisters-in-law, nephews and nieces. Born in Ottawa, Ontario on October 11, 1938. Gerry graduated from the University of Ottawa with a M.Ed. specializing in School Counseling Services in 1980. Gerry spent a long and rewarding career with the Ottawa-Carleton Board of Education. An avid sports-fan, a skilled player of baseball, football and hockey, which he thoroughly enjoyed playing well into his advanced years. Gerry will be remembered fondly for his jovial spirit and laughter, naturally open and loving demeanour and passion for telling jokes and recounting stories. On Saturday, January 15, 2011, condolences may be offered from 10:00 am at Our Lady of Fatima Church, 153 Woodroffe Avenue, Ottawa ON, K2A 3T8, followed by a memorial mass at 11:00 am. Reception to follow. In Memoriam donations may be made to the University of Ottawa Heart Institute, 40 Ruskin Street, Room H-2408 Ottawa, ON. K1Y 4W7.

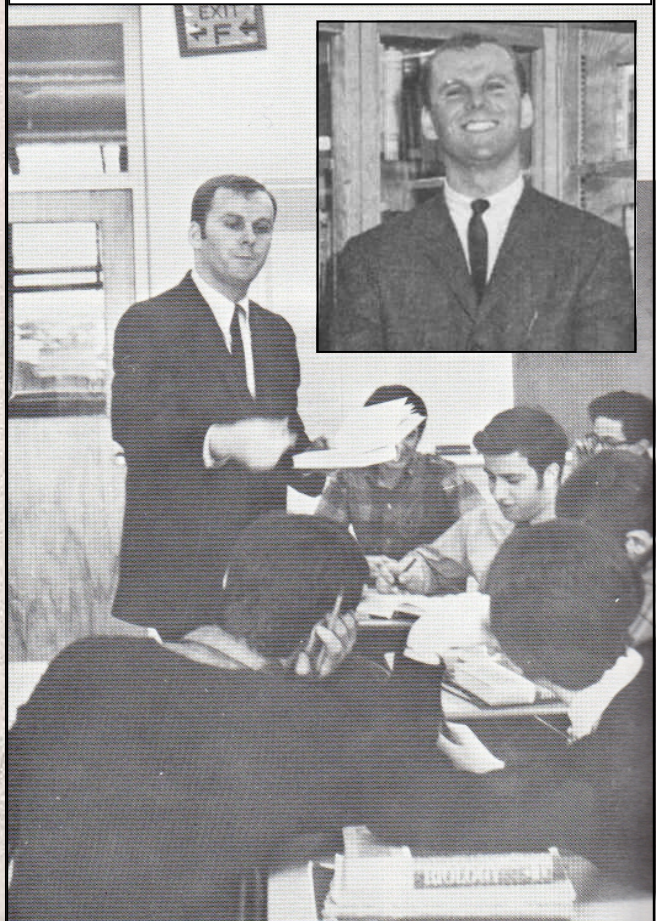
Gerry always had a smile and was known for his jokes

If anything, Gerry Meagher seemingly always had a smile on his face right from the start in 1964 when he joined Hillcrest's Latin and French and English Departments under Leo Meloche and Ed Benoit, as shown in the 1964 yearbook, IMPACT. (See insert in photo below.)

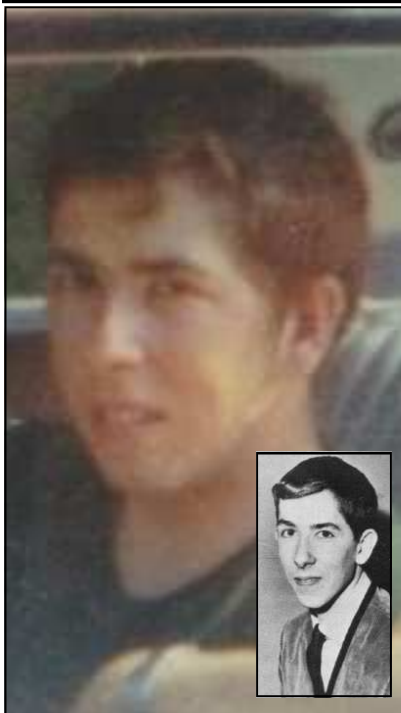
Among his extra-curricular activities, he supervised the UNICEF Club which raised over two hundred dollars during its first year of operation for starving children overseas.

All of this was brought about by what was then an all-girls club who used car washes, selling cokes carolling, and bottle drives to raise the funds.

His passing will be sadly felt by many of the Hillcrest grads from 1964 through to 1973 when he left Hillcrest.



1964-65 Grads Who Have Signed On...



JOHN THOMAS DERBY

Occupation: Retired
Marital Status: Married
No. of Children: 2
Graduation Year: 1964
Your role at Hillcrest: Student
RSVP: Yes
People attending: 2

From John:
*Looking forward to it.
 Save me a seat.*

(Photo at right—John and Linda Derby.)



TIMOTHY JOHN BULMER

Occupation: Retired
Marital Status: Married
No. of Children: 3
Graduation Year: 1965
Your role at Hillcrest: Student
RSVP: Maybe
People attending: 1

From Tim:
*Queen's University - B.Sc. 1969, Ph.D. 1973
 University of Waterloo - 1973-75
 Syncrude Research - scientist 1975-1990,
 management 1990-2010.
 Currently living in Sherwood Park, Alberta*



DAVID "DAVE" YOUNG

Occupation: Retired
Marital Status: Married
No. of Children: 3
Graduation Year: 1965
Your role at Hillcrest: Student
Do you plan to attend?: Yes
People attending: 2

(Editor's Note:- To see what Dave Young is up to now that he is retired, see the March edition of the Hillcrest 50th Anniversary / Reunion Newsletter.)



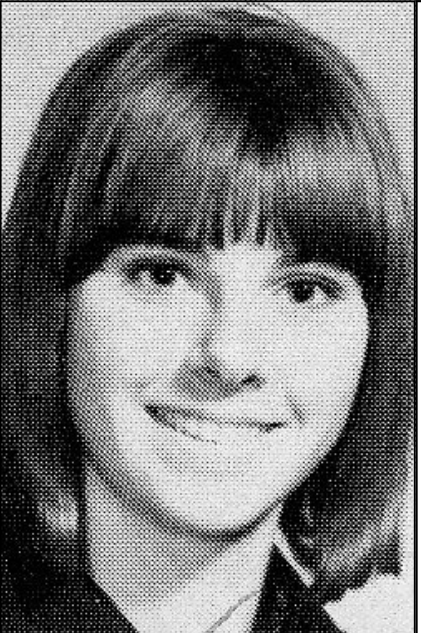
Dave Young and his wife, Jane, and a daughter, at their Palmerston Lakes Cottages, in Ompah, 1 1/2 hours west of Ottawa.

1965-66 Grads Who Have Signed On...



LYNDA GRAY

Occupation:
Manager, Program Development
Marital Status:
Committed Relationship
Graduation Year: 1965
Your role at Hillcrest: Student
RSVP: maybe
People attending: 2



MARILYN RODGERS

Occupation: Retired
Marital Status: Divorced (Ryan)
No. of Children: 1
Graduation Year: 1966
Your role at Hillcrest: Student
RSVP: Yes / No / Maybe: Maybe
People attending: One

I spent only two memorable years at Hillcrest having transferred from Immaculata Convent. The first few months I was in a state of dazed culture shock but that thankfully wore off and I managed to fully enjoy the rest of my time at Hillcrest...academically, of course.



CAROLYN GALL (WADE)

Occupation:
Retired Elementary Teacher
Marital Status: Married
Graduation Year: 1966
Your role at Hillcrest: Student
RSVP: Yes
People attending: 2
From Carolyn:

After 37 years in the "education biz", I still think fondly of Hillcrest High. It was a wonderful launching point for many of us. I'm looking forward to getting re-acquainted with classmates.



Another Hillcrest First!!



Fourteen five year B&A female students become the first to take a new program

Hillcrest's first class to undertake the five year Business and Academic Program under the auspices of Commercial Teacher Rene Delaney, head of the Commercial Dept.

The young women in this Grade 10 Class in 1962-63 were: Top row: left to right - Sharlene Jenkins, Shannon Dewar, Gail Andrew, Bev Perrigo and Pat Shaw; front row; left to right - Margot Currie, Karen Edwards, Carol Kenny, Nan Kemp, Doris Kent and Christine Bowering. Sitting on the desk were: Sandy Dolan, Sandra Nicholson and Marlene Nash. Missing was Lynne Cox (insert).

Sandra Nicholson was not sure why it was taken or how all the young women got copies but she thinks Mr. Delaney head of the Commercial Department took it as they were the first group to do the five-year Business and Academic programme.